

MAKING THE CASE FOR Integrating Mental and Physical Healthcare

Experts say it's past time to transform healthcare into a "whole person health" model that treats both the body and the mind. *Here's why...*

50%

People with mental illness who are untreated¹

A POPULATION VULNERABLE TO SELF-MEDICATING



Number of adults with a serious mental illness who have a co-occurring substance use disorder³

JAILING INSTEAD OF TREATING



356,000

Number of jail and state prison inmates with serious mental illness⁶

SMOKING RISK DISPARITIES



50%–80%

People with schizophrenia who smoke compared to the 15.5% of general population adults who smoke⁵

THE MORTALITY GAP

14–32
Years

Reduced lifespan often due to untreated chronic diseases among people challenged with mental illness²

70%

DIABETES SCREENING DISPARITIES

Percentage of people with mental illness who don't get screened despite being twice as likely to be diagnosed with type 2 diabetes⁴

Sources:

¹Mental Illness Policy Org.

²The New York Times, Journal of the American Medical Association

³National Institute on Drug Abuse

⁴Journal of the American Medical Association

⁵The Centers for Disease Control and Prevention and National Institute on Drug Abuse

⁶Treatment Advocacy Center



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